

### Support Groups by County

\*Check with your local community churches, as many may provide support groups.

\*Contact American Cancer Society 800-ACS-2345 for additional groups; they have listing of support groups by county/city, including I Can Cope educational series.

#### **Anderson County**

*Look Good, Feel Better:*

Clinton Physical Therapy Center-3<sup>rd</sup> Monday of every month; 1:30-3 PM.  
Contact Kelly Lenz 865-457-1649 to register or for more information.

Thompson Cancer Survival Center at Methodist-Last Thursday of every month; 10:30-11:30 AM. Contact Jessica Neefe 865-558-4057 to register or for more information.

#### **Blount County**

*Better Breathers*-Through the American Lung Association for people with lung disease. Contact 865-977-5636 for more information.

*Cancer Groups*-Every Thursday at Blount Memorial Cancer Center Conference Room, 10 AM. Contact 865-980-5025 for more information.

*Caregiver Support Group:*

Blount Memorial Hospital 3 East-Every Wednesday 7-8 PM  
Everett Senior Center-Every first and third Tuesday 10-11 AM  
Contact 865-977-5744 for more information on either group.

*Compassionate Friends*-Support group for parents who experienced the death of a child at any age from any cause. 4<sup>th</sup> Monday of every month at Blount Memorial Hospital auditorium, 6:30-8 PM. Contact 865-984-4223 for more information.

*Grief Support*-Offered as a six-week series, and participants are encouraged to attend all six. Located at Blount Memorial Home Services and Hospice Building. Contact 865-981-2291 for more information.

*Hope for Today Cancer Support Group*-1<sup>st</sup> Monday of every month except holidays at Piney Grove Baptist Church, 7 PM. Contact Charlene Walker 865-803-2640 for more information.

*Look Good, Feel Better*-1<sup>st</sup> Monday of every month at Blount Memorial Hospital Radiation Oncology, 10-11:30 AM. Contact Kathleen Steele 865-558-4048 to register or for more information

*Moms Remembered*-Grief support group for women whose mothers have died. 1<sup>st</sup> Monday of each month ending with a memorial event on Saturday before Mother's Day.

Located at Blount Memorial Home Services and Hospice Building, 6-7:30 PM. Contact 865-981-2291 to register.

*Prostate Cancer Support Group*-3<sup>rd</sup> Monday of every month at Blount Memorial Cancer Center, 7 PM. Contact Jeanie Green 865-659-1744 or John Steiner 681-4033 for more information.

*Survivors of Suicide*-Support group for those who have lost a loved one to suicide. 2<sup>nd</sup> Monday of every month at Blount Memorial Hospital auditorium, 7-8:30 PM. Contact 865-984-4223 for more information.

### **Campbell County**

*Look Good, Feel Better*-2<sup>nd</sup> Monday of every month at Community Health Clinic, 10-11:30 AM. Contact Jennifer Robbins 423-563-1025 to register or for more information.

### **Claiborne County**

*Look Good, Feel Better*-2<sup>nd</sup> Wednesday of every month at Baker Cancer Treatment Center, 1:30-3:30 PM. Call 423-869-0725 to register or for more information.

*Support Group*-4<sup>th</sup> Thursday of every month at Claiborne County Hospital at 6:30 PM. Contact Linda Mallicoat 423-626-5763 for more information.

### **Cocke County**

*Support Group*-4<sup>th</sup> Thursday of every month at Episcopal Church of the Annunciation at 7 PM. Contact Michele Sexton 865-397-1045 for more information.

### **Hamblen County**

*Look Good, Feel Better*-2<sup>nd</sup> Wednesday of every month at Morristown Regional Cancer Center, 10-11:30 AM. Contact Audra Hux 423-522-5000 to register or for more information.

*NuVoice Laryngectomy Support Group*-2<sup>nd</sup> Thursday of every month at Morristown Hamblen Healthcare System Cafeteria, 6-8 PM. Contact Michelle Addair 423-522-5280 for more information.

### **Jefferson County**

*A New Day! Cancer Support Group*-3<sup>rd</sup> Thursday every month at Mt. Vale Church of God Fellowship Hall. Contact Shelly 865-209-1906, Sherry 865-397-7028, or Karen 423-736-0411 for more information.

*Can Do Cancer Support Group*-2<sup>nd</sup> Monday of every month at Jefferson Memorial Hospital Classroom, 6PM. Contact Evelyn Arnold 865-475-4491 for more information.

*Look Good, Feel Better*-As classes are needed at St. Mary's Jefferson Memorial Hospital Conference Room. Contact Debbie Rines 865-471-2376 to register or for more information.

### **Knox County**

*CancerNET Support Group*-3<sup>rd</sup> Tuesday of every month at 6PM. Contact American Cancer Society 1-800-ACS-2345 for more information.

*Cancer Survivor Support Group*-Group for cancer survivors no longer in treatment. Meets quarterly, 12-2 PM. Contact Tammy Nickles 865-859-7324 for more information

*Cedar Springs Presbyterian Church*-Offers support group to those who have lost a loved one. Contact 865-291-5226 for more information.

*Cokesbury United Methodist Church*-Offers multiple support groups including for those who have lost a loved one and cancer survivors. Contact 865-694-9039 for more information.

*Family Bereavement Group*-Support group for family or friends who have lost a loved one to cancer. Contact The Wellness Community 865-546-4661 for more information.

*Kids in Crisis Support (KICS)*-Grief counseling for children; offers Mane Support program. Contact KICS 865-544-5038 for more information.

#### *Look Good, Feel Better:*

Baptist Hospital of East Tennessee C-Wing Conference Room-1<sup>st</sup> Monday of every month; 10 AM-Noon. Contact Amanda 865-632-5981 to register or for more information.

Cherokee Health System-4<sup>th</sup> Monday of every month, 10-11:30 AM. Contact Kathleen Steele 865-558-4048 to register or for more information.

Knoxville Comprehensive Breast Center-3<sup>rd</sup> Monday of every month; 10-11:30 AM. Contact Angie Powell 865-584-0291 to register or for more information.

Parkwest Comprehensive Breast Center-4<sup>th</sup> Monday of every month; 10-11:30 AM. Contact Jessica Neefe 865-558-4057 to register or for more information.

St. Mary's Downtown Radiation Oncology Dept-1<sup>st</sup> Monday of every month; 10-11:30 AM. Contact Susan Stinnett 865-545-7817 to register or for more information.

St. Mary's North Radiation Oncology Dept-1<sup>st</sup> Monday of every month; 10-11:30 AM. Contact Tammy Nickles 865-859-7324 to register or for more information

Tennessee Cancer Specialist at Baptist West-3<sup>rd</sup> Friday of every month; 10-11:30 AM. Contact Judith Slatton 865-218-7122 to register or for more information.

Thompson Cancer Survival Center Patient and Family Services-2<sup>nd</sup> Tuesday of every month; 10-11:30 AM. Contact Becca Burris 865-541-1757 to register or for more information.

University of Tennessee Cancer Institute-4<sup>th</sup> Monday of every month; 10-11:30 AM. Contact Darlene Lewis 865-305-6792 to register or for more information.

*Leukemia, Lymphoma, and Myeloma Networker*-2<sup>nd</sup> Thursday of every month at the Wellness Community 6-7:30 PM. Contact the Wellness Community 865-546-4661 for more information.

*Man to Man Prostate Educational and Support Group:*

St. Mary's North-4<sup>th</sup> Tuesday of every month; 12-2 PM. Contact Tammy Nickles 865-859-7324 for more information.

University of Tennessee Cancer Institute-1<sup>st</sup> Thursday of every month; 12-1:00 PM. Contact Teri Green 865-305-6154 for more information.

*Myeloproliferative Disorders Support Group*- Support group for MPD, including Polycythemia Vera (PV), Essential Thrombocythemia (ET), Agnogenic Myeloid Metaplasia (AMM) or Idopathic Myelofibrosis (IMF), and Chronic Myelogenous Leukemia (CML). Meets quarterly beginning in January on the 3<sup>rd</sup> Thursday at Knox County Public Library Farragut Branch; 11:30 AM-12:30 PM. Family members welcome; includes Knox County and surrounding counties. Call Linda Tunstall 865-986-4565 for more information.

*NuVoice Laryngectomy Support Group*-2<sup>nd</sup> Tuesday of every month at the American Cancer Society Offices in Knoxville. Contact Melinda Marashi 865-541-2313 for more information.

*Smoking Cessation Services:*

Cessation classes offered at the 5 area hospitals-one class per year per hospital. Contact 865-215-7848 (QUIT) for dates and times.

Knoxville Pulmonary Group Smoking Cessation Program-Contact Carol Hawkins 865-524-7417 for more information.

*Wellness Community*-Offers variety of support groups, including groups for *Breast Cancer, Prostate Cancer, Leukemia, Lymphoma, & Myeloma, Gyn/Ovarian, Bereavement, Yoga, and Relaxation & Visualization*. Contact the Wellness Community 865-546-4661 for more information.

### **Loudon County**

*Cancer Support Group*-2<sup>nd</sup> Tuesday of every month at Fort Loudoun Medical Center; 4-5 PM. Contact Kathleen Steele 865-558-4048 for more information.

*Look Good, Feel Better*-1<sup>st</sup> Monday of every month at Fort Loudoun Medical Center Professional Conference Room; 9:30-11:30 AM. Contact Jessica Neefe 865-558-4057 to register or for more information.

### **Monroe County**

*Look Good, Feel Better*-1<sup>st</sup> Thursday of every month at Sweetwater Hospital Conference Room at cafeteria entrance, 1:00-3:00 PM. Contact Linda Jenkins 423-337-6897 to register or for more information.

*Men's Cancer Information and Support Group*-2<sup>nd</sup> Tuesday of every month at the Tellico Village Christian Life Center; 9-10 AM. Contact Morry Smith 865-458-1219 for more information.

### **Morgan County**

*Look Good, Feel Better*-As classes are needed. Contact Debbie Taylor before 6 PM 423-346-6221 or after 6 PM 423-965-4405 for more information.

*Survivors Helping Others Cope*-1<sup>st</sup> Tuesday of every month at the Morgan County Medical Center; 6-7:30 PM. Contact Debbie Taylor before 6 PM 423-346-6221 or after 6 PM 423-965-4405 for more information.

### **Putnam County**

*Breast Cancer Support Group*-Last Tuesday of every month at Cookeville Regional Medical Center Education Room #3; 11:30 AM. Contact Social Services 931-646-2026 for more information.

*Circle of Hope*- Support group for patients and family members of any type of cancer. First Wednesday of every month at Cookeville Regional Medical Center Education Room #3; 10:00 AM. Contact Social Services 931-646-2026 for more information.

*Laryngectomy*-Contact Beth Rose 931-526-1976 for dates and locations.

*Ostomy Support Group*-Fourth Tuesday of every month; 6 PM. Contact Al Profant 931-526-8686 for location.

*Quit for Life*-Sundays 3-4PM and Thursdays 6-7PM at Cookeville Regional Medical Center Cafeteria Conference Room. Smoking cessation services. Contact Randy Todd, facilitator, 931-528-5176 for more information.

*Us, Too*-Support group for men with prostate cancer. Second Thursday of every month at Cookeville Regional Medical Center Education Room #1; 7PM. Contact Bill Finnell 931-528-1708 for more information.

## **Sevier County**

*Better Breathers*-Through the American Lung Association for people with lung diseases. Contact 865-429-6100 for more information.

*Look Good, Feel Better*-2<sup>nd</sup> Wednesday of every month at Ft. Sanders Sevier Senior Citizens Center; 10-11:30 AM. Contact the Senior Center 865-453-8080 to register or for more information.

*Smokey Mountain Cancer Support Group*-2<sup>nd</sup> Monday of every month at Ft. Sanders Sevier Senior Center. Contact Alice Grady 865-428-5834 or the Senior Center 865-453-8080 for more information.

**Smoking Cessation Services for all counties:** Contact 865-215-7848 (QUIT) for programs in your county that assist with quitting smoking/tobacco use.

\*Please contact Oncology Social Worker, Teri Green, at 865-305-6154, for any questions, additions, or changes.

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