

HEART WISE

Saturday, February 20

7:30 a.m. – 2:00 p.m.

Heart Lung Vascular Institute

Join us for this comprehensive community wellness fair and become wise about your health.

Enjoy informative topics on heart health such as: (no registration required)

- **9 a.m.** Grocery Shopping Tips for a Healthy Heart
- **10 a.m.** Congestive Heart Failure: Symptoms and Treatments
- **11 a.m.** Women and Heart Disease
- **12:30 p.m.** Healthy Living Kitchen Cooking Demonstration
- Diabetes and Stroke Education
- Learn more about the region's only dedicated Heart Hospital
- Ask-A-Doc
- And much more...

Discounted screenings for adults 50+ or with a family history:

- Comprehensive Cardiovascular Risk Assessment (Diagnostic Testing, Ultrasound Evaluation, EKG) Fasting Required, Only \$15
- COPD Pulmonary Testing, No Charge
- Cardiac Calcium Scoring (Utilizing the Non-invasive 64-slice CT Scanner) Only \$99

To schedule a screening call 1-877-UT CARES

FREE PARKING AVAILABLE

For a complete list of HeartWise activities, please visit www.utmedicalcenter.org



1924 Alcoa Highway
Knoxville, TN 37920-6999

**Space is limited for
all screenings.**

For more information or to
schedule a screening please
call 1-877-UT CARES
(1-877-882-2737) or visit
www.utmedicalcenter.org.

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