

# TACVPR

## Spring Conference

Tuesday, April 8, 2008  
Knoxville, TN

For more information,  
please contact the CVPR  
staff at 865-305-6920.

Registration must be  
returned by March 24, 2008.

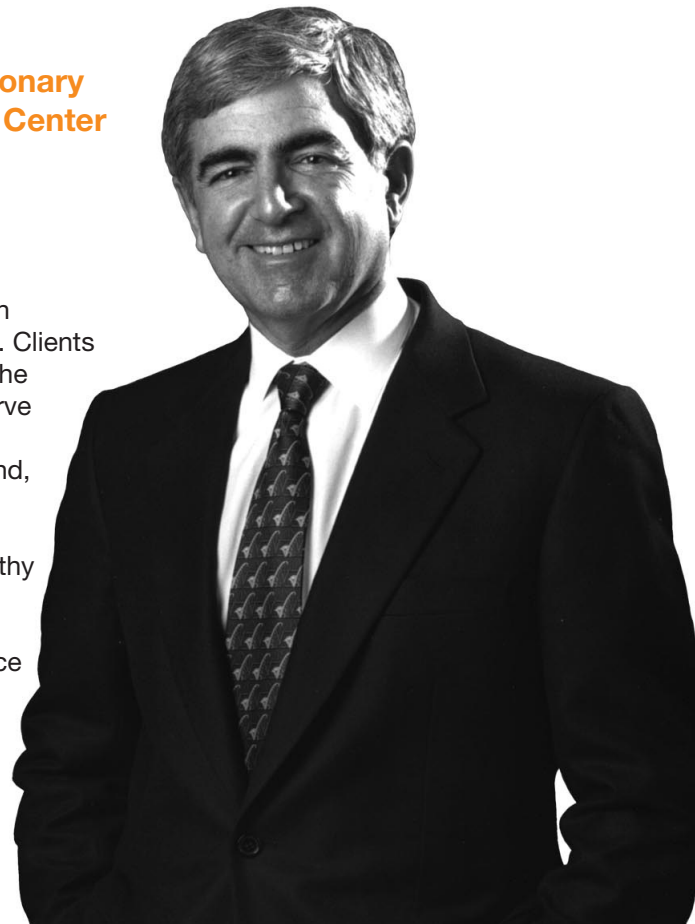
## Not Your Ordinary Joe

**The Tennessee Association of Cardiovascular and Pulmonary Rehabilitation and The University of Tennessee Medical Center Proudly Present...**

### Joe Piscatella

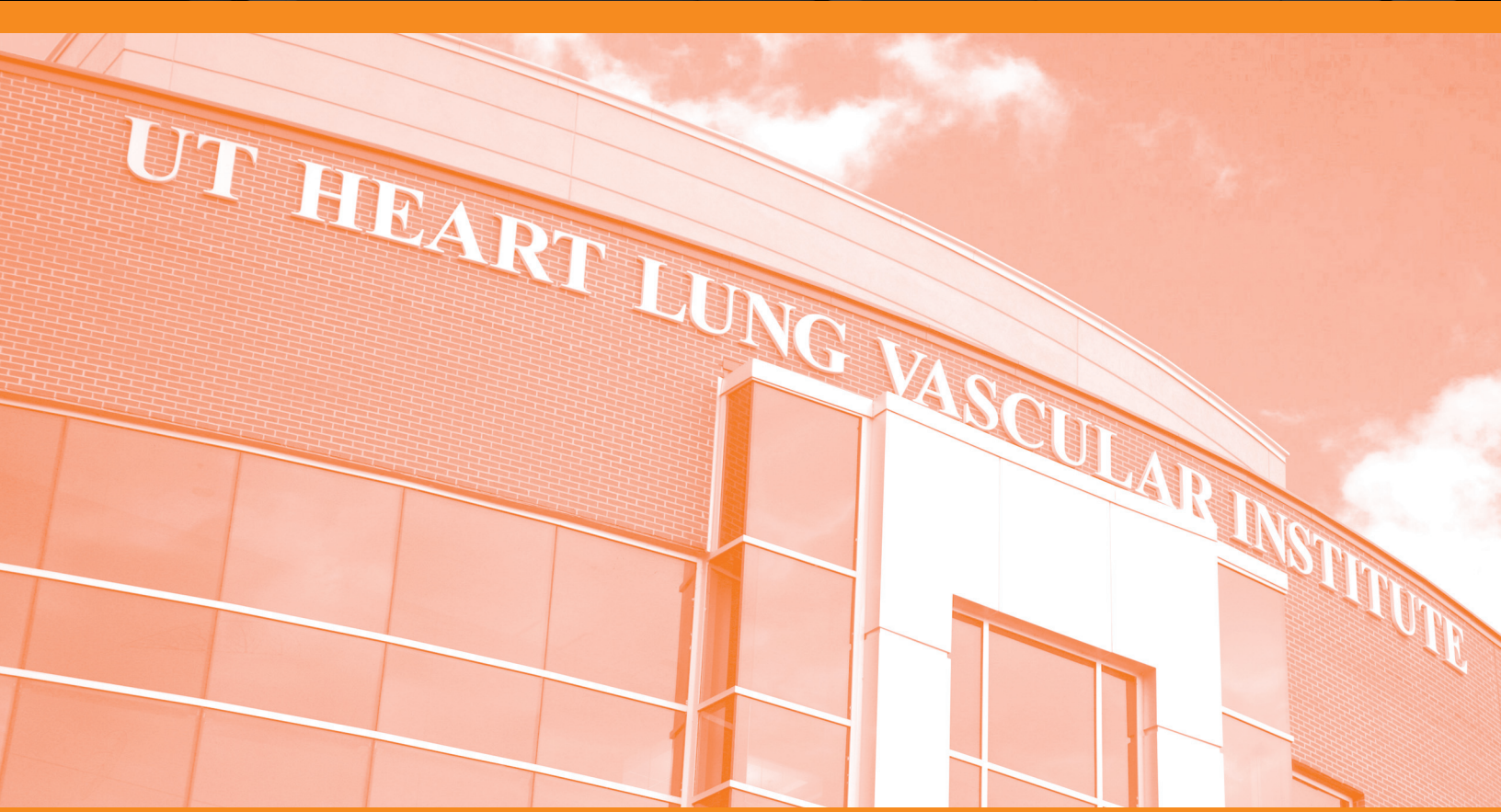
Joe is the Founder and President of the Institute for Fitness & Health, an organization that consults on worksite and community health programs. Clients include the Boeing Company, Exxon/Mobil Pipeline Company, Sprint, The U.S. Naval War College, Starbuck's Coffee Company, the Federal Reserve Bank and GE Asset Management Company. He designs and manages community health initiatives. His 12-week weight loss program in Holland, Mich., resulted in 650 people losing 4,200 pounds.

He is one of the country's most respected experts on how to live a healthy lifestyle in the real world. He is a practical visionary who has improved the lives of millions of people through his books and presentations. Joe uses the art of storytelling, contagious humor and decades of experience to deliver a powerful message that moves audiences to adopt healthier habits. More than 2 million people have attended his programs.



# Tennessee Association of Cardiovascular and Pulmonary Rehabilitation Spring Conference

Tuesday, April 8, 2008



## Featuring Joe Piscatella

"Joe Piscatella knows more about healthy living than anyone I know"  
Dr. William C. Roberts  
Editor-in-Chief of The American Journal of Cardiology

Sponsored by:

**TACVPR**

**UT** THE UNIVERSITY OF TENNESSEE  
**MEDICAL CENTER**

HEART LUNG VASCULAR INSTITUTE

# Agenda

# Course Information

## Monday, April 7, 2008

- 1 p.m.–5 p.m. TACVPR Board of Directors Meeting,  
Heart Lung Vascular Institute,  
2nd floor Conference Room
- 5:30 p.m.–7 p.m. Pre-conference dinner and speaker  
Treating the Hypertensive Diabetic  
Heart Lung Vascular Institute,  
1st Floor Education Room  
Additional registration fee of \$15

## Tuesday, April 8, 2008

- 7:15 a.m.–8 a.m. Check-in and registration,  
Wood Auditorium,  
Continental Breakfast, Exhibits, Book Signing
- 8 a.m.–8:05 a.m. Welcome  
Joseph Landsman,  
President & CEO of University Health System, Inc.
- 8:05 a.m.–8:15 a.m. Introduction  
Wendy Franklin, MSN, RN, CCRN,  
Manager, Cardiovascular & Pulmonary Rehabilitation
- 8:15 a.m.–9 a.m. Richard ZuWallack, MD  
Pulmonary Rehabilitation
- 9 a.m.–9:45 a.m. Dixie Thompson, PhD., FACS  
Walking for Health
- 9:45 a.m.–10:15 a.m. Break, exhibits, book signing
- 10:15 a.m.–11 a.m. Jeffrey Everett, MD  
Robotic Cardiac Surgery
- 11 a.m.–12 p.m. Joseph Piscatella  
Increasing Dietary Compliance
- 12 p.m.–12:10 p.m. President's Address  
Niles Lundt, Ph.D., ACSM,  
Team Leader, St. Mary's Cardiac Rehabilitation,  
President TACVPR
- 12:10 p.m.–1:15 p.m. Lunch, exhibits, book signing
- 1:15 p.m.–2 p.m. Carol Hawkins, FNP  
Pulmonary Artery Hypertension
- 2 p.m.–2:15 p.m. Break, exhibits, book signing
- 2:15 p.m.–2:45 p.m. Allen Lewis  
Update from the Hill
- 2:45 p.m.–3:45 p.m. Joseph Piscatella  
Effective Stress Management
- 3:45 p.m.–4:30 p.m. Speaker TBD  
Heart Smart Sex
- 4:30 p.m.–5 p.m. Adjournment, closing comments  
and door prizes

## Purpose

The purpose of this conference is to enhance cardiovascular and pulmonary rehabilitation professionals' knowledge regarding contemporary issues and trends in their chosen fields.

## Target Audience

This course is designed for physical therapists, respiratory therapists, nurses, exercise physiologists, social workers, dietitians, advanced practice nurses and physicians.

## Format

Speakers will use a combination of presentation and interactive educational techniques. Participants will be encouraged to ask questions related to practice issues. A syllabus will be provided at registration.

## Educational Objectives

At the conclusion of this course, participants should be able to:

- Identify the latest advances in the management of pulmonary patients in a rehabilitation setting.
- Understand ways to motivate your cardiovascular and pulmonary rehabilitation clientele.
- Understand the latest in surgical interventions for CV disease and how it impacts cardiac rehabilitation.
- Identify the effects of pulmonary artery hypertension and its impact on the CVPR patient.
- Identify major life stressors the link between chronic stress and CV disease and the techniques to manage them.
- Identify major factors responsible for dietary non-compliance, and help patients create a "functional diet".
- Discern screening techniques for sexual issues in cardiovascular patients and evaluate treatment options for sexual dysfunction.

## TACVPR Membership Dues

For your convenience, there will be a table at the conference where you may pay your membership dues.

## Accreditation

The University of Tennessee Medical Center is an approved provider of Continuing Education Credit by the AACN. UT Medical Center awards 6 contact hours for this activity.

This educational activity is managed by the Cardiovascular and Pulmonary Rehabilitation Department at the University of Tennessee Medical Center.

Registration must be returned  
by March 24, 2008.

# Conference Information

## Location

Wood Auditorium  
University of Tennessee Medical Center  
1924 Alcoa Highway, Knoxville, TN 37920  
Phone: 865-305-6920 Fax: 865-525-0869

## Directions

Driving directions from either I-40 East or West:  
Take the 129 (Alcoa Hwy) exit (386B). Travel south on 129 approximately one mile to the UT Medical Center/Cherokee Trail exit. Follow the exit onto the Medical Center campus.

## Lodging

The following is a list of nearby hotels. Registrants are responsible for making their own reservations.

Crown Plaza Hotel, 865-522-2600  
Hampton Inn West, 865-693-1101  
Hampton Inn and Suites, 865-522-5400  
Holiday Inn Select (West), 865-693-1011  
Marriott, 865-637-1234

# Registration

## For More Information:

Please contact the CVPR staff at 865-305-6920

## Registration

The registration fee for the pre-conference dinner and speaker is \$15. The registration fee for the course is \$75.00 for TACVPR members, \$95.00 for non-members, and \$35.00 for students. The registration fees cover all program and educational material costs as well as expenses for refreshments, breaks and lunch. Early registration is strongly encouraged.

## A Special Note for the Disabled

UT Medical Center believes that no individual with a disability should be excluded, denied services, segregated or treated differently from other individuals because auxiliary aids and services are lacking. If you need any of the auxiliary aids and services identified in the Americans With Disabilities Act, we want to accommodate your needs. Please mark the appropriate space on the registration form, and we will contact you to determine your specific needs.

# Registration Form

Registration must be returned by March 24, 2008

Tennessee Association of Cardiovascular and Pulmonary Rehabilitation Spring Conference Tuesday, April 8th, 2008

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_ Specialty: \_\_\_\_\_

Advanced Registration Required.

\$75.00 TACVPR Member  \$95.00 Non-member  \$35.00 Students

\$15.00 Pre-conference dinner and speaker (all are welcome)

Please check this box if you desire assistance with hearing, vision, mobility or special diet restrictions to make this conference accessible to you.

## If paying by check, make payable to:

University of Tennessee Medical Center.

Mail registration form and check to:

UT Medical Center–Heart Lung Vascular Institute  
Cardiovascular and Pulmonary Rehabilitation  
1940 Alcoa Highway, Suite E-160  
Knoxville, TN 37920

## If paying by credit card:

Master Card  Visa

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_