

## BREAST CANCER FOLLOW-UP GUIDELINE<sup>1,2</sup>

<b>Time → Treatment↓</b>	3 months post-op	6 months post-op	9 months post-op	12 months post-op	18 months post-op	Year 2	Year 3	Year 4	•Year 5
Mastectomy	Surgeon	Surgeon	PCP/GYN <sup>3</sup> Med Onc <sup>4</sup>	Surgeon	Surgeon Med Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>
Mastectomy & Reconstruction	Surgeon	Plastics	PCP/GYN <sup>3</sup> Med Onc <sup>4</sup>	Surgeon	Plastics Med Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>
Mastectomy & XRT	Surgeon	Rad Onc <sup>4</sup>	PCP/GYN <sup>3</sup> Med Onc <sup>4</sup>	Surgeon Rad Onc <sup>4</sup>	Med Onc <sup>4</sup>	Surgeon Rad Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>	Surgeon Rad Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>
Breast Conserving Therapy Only	Surgeon	Radiologist Surgeon	PCP/GYN <sup>3</sup>	Surgeon	Surgeon	Surgeon	Surgeon	Surgeon	Surgeon
Breast Conserving Therapy & XRT	Surgeon	Rad Onc <sup>4</sup>	PCP/GYN <sup>3</sup> Med Onc <sup>4</sup>	Surgeon Rad Onc <sup>4</sup>	Med Onc <sup>4</sup>	Surgeon Rad Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>	Surgeon Rad Onc <sup>4</sup>	Surgeon Med Onc <sup>4</sup>

**•Further follow-up at the discretion of physicians and patient**

<sup>1</sup>ASCO Statement

<sup>2</sup>Yearly Mammograms according to following schedule:

Mastectomy ± Reconstruction = 1 year (contralateral breast), then annually

Breast Conserving Therapy = Pre-XRT (ipsilateral)

Bilateral diagnostic 6 months after completion of XRT

Then yearly “diagnostic”

<sup>3</sup>Primary Care Physician/Gynecologist – Yearly follow-up

<sup>4</sup>Annual follow-up when followed by Med Onc or Rad Onc (alternating) and surgeon every 6 months’