



**THE UNIVERSITY OF TENNESSEE
MEDICAL CENTER**

CANCER INSTITUTE

RESOURCE GUIDE

**PLEASE KEEP AT DESK FOR ALL
PATIENTS AND THEIR LOVED ONES
TO USE**

**Contact Oncology Social Worker,
Teri Green,
544-6154,
For Assistance, Questions, Additions, or Changes**

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Cancer Resources

General

About.com

Cancer.about.com/health/cancer/

Provides information on cancer and different types of cancer; some original information, as well as from medical journals and other sources

American Cancer Society 584-1668 (Knoxville office); 800-227-2345 (toll-free)

www.cancer.org

Provides information on different types of cancer, educational material, support services, wigs, financial information

American Institute for Cancer Research 800-843-8114 (toll-free)

www.aicr.org

Cancer charity fund fosters research on diet and cancer prevention, educational material

American Pain Foundation 888-615-7246 (toll-free)

www.painfoundation.org

Provides information, advocacy, resources, and support

American Society for Therapeutic Radiology and Oncology 800-962-7876 (toll-free)

www.astro.org

Provides research and information on radiation treatments

American Society of Plastic and Reconstructive Surgeons 888-475-2784 (toll-free)

www.plasticsurgery.org

Provides list of board-certified plastic surgeon based on area

Association of Cancer Online Resources

www.acor.org

Supports patient advocacy, provides information, online communities and support networks

Association of Oncology Social Work 215-599-6093

www.aosw.org

Professional association for social workers in the oncology field; provides resources and information

Cancer Care 800-813-4673 (toll-free)

www.cancercare.org

Provides free services to patients: counseling, education, information and referrals, financial assistance

CancerEducation.com

www.cancereducation.com

Provides information and resources; interactive website featuring audio-clips of information

Cancerfacts.org 877-422-3228 (toll-free)

www.cancerfacts.com

Online resource with cancer news and information and support services

Cancer Hope Network 877-467-3638 (toll-free)

www.cancerhopenetwork.org

Provides individual support by matching people with trained cancer survivor volunteers

Cancer Research and Prevention Foundation 800-227-2732 (toll-free)

www.preventcancer.org

Provides information, advocacy, and links to some site-specific cancers; mission is prevention and early detection of cancer

Caring Voice Coalition 888-267-1440 (toll-free)

www.caringvoice.org

Provides resources, advocacy, and support for patients with serious and chronic disorders

Center Watch, Inc Clinical Trials Listing Service

www.centerwatch.com

Provides list of clinical trials, studies, and recently approved drug therapies

Chemocare.com

www.chemocare.com

Provides information and resources

Coalition of Cancer Cooperative Groups 877-520-4457 (toll-free)

www.cancertrialshelp.org

Provides information and education on cancer clinical trials

Compassionate Friends 877-969-0010 (toll-free)

www.compassionatefriends.org

Offers support to bereaved parents, grandparents, and siblings

Coping Magazine 615-790-2400

www.copingmag.com

Bi-monthly national magazine for cancer patients, families, and professionals

Crossing the Finish Line 484-674-4778

www.crossingthefinishline.org

Provides free retreats for young adults with cancer and their caregiver who are living in Pennsylvania, Delaware, or New Jersey

Dream Foundation 805-564-2131

www.dreamfoundation.org

Enhance quality of life of individuals and families battling terminal illnesses by fulfilling last wishes of terminal adults (18-65) when life expectancy is less than one year

Fairygodmother Foundation 773-388-1160

www.fairygodmother.org

Grants wishes of terminally ill adults 18 and older with a life expectancy of less than one year; application and guidelines available online

Fertile Hope 888-994-4673 (toll-free)

www.fertilehope.org

Provides information, support, and hope re: cancer and fertility, offers education, financial assistance

Gilda's Club Worldwide 917-305-1200

www.gildasclub.org

Focus on living with cancer, provides support, local club in Nashville, TN

Hospice Education Institute 800-331-1620 (toll-free)

www.hospiceworld.org

Based in Connecticut; provides information on hospice programs and provides regional seminars on hospice care across the U.S.

Intercultural Cancer Council 713-798-4617

Iccnetwork.org

Promotes policies, programs, and research to eliminate unequal burden of cancer among racial minorities

Lance Armstrong Foundation 512-236-8820

www.laf.org

Survivor resources, support, programs, advocacy

Make-A-Wish Foundation 423-629-9474 (Chattanooga Chapter)

easttennessee.wish.org (Chattanooga Chapter) www.wish.org (National)

Grants wishes of children 2 ½ to 17 years of age with life-threatening medical conditions; call or complete application online to request a wish

National Asian Women's Health Organization 415-989-9747

www.nawho.org

Provides research and advocacy to improve health status of Asian women and their families

National Cancer Institute

www.cancer.gov

Research, training, and disseminates health information

National Cancer Institute Cancer Information Service 800-422-6237 (toll-free)

<http://cis.nci.nih.gov>

Provides the latest and most accurate cancer information to patients, their families, the public, and health professionals. The CIS serves the United States, Puerto Rico, the U.S. Virgin Islands, and the Pacific Islands

National Cancer Survivor's Day Foundation 615-794-3006

www.ncsdf.org

Provides education and networking for organizations that support National Cancer Survivor's Day

National Center for Complementary and Alternative Medicine 888-644-6226 (toll-free)

www.nccam.nih.gov

Supports research on complementary and alternative medicine, trains researchers, and disseminates information

National Coalition for Cancer Research

www.cancercoalition.org/main.html

National group of 26 organizations focused on increasing support for cancer research; provides information and advocacy

National Coalition for Cancer Survivorship 888-937-6227 (toll-free)

www.canceradvocacy.org

Promotes education, advocacy, and resources

National Comprehensive Cancer Network 888-909-NCCN (toll-free)

www.nccn.org

Provides professional support, patient education; has patient version of *Oncology Practice Guidelines*

National Family Caregivers Association 800-896-3650 (toll-free)

www.nfcacares.org

Provides support, education, and advocacy for family caregivers

National Hospice & Palliative Care Organization 800-658-8898 (toll-free)

www.nhpco.org

Provides education, resources, and support

National Lymphedema Network 800-541-3259 (toll-free)

www.lymphnet.org

Provide education and guidance to lymphedema patients

National Organization for Rare Disorders, Inc 800-999-6673 (toll-free voice mail only), 203-744-0100

www.rarediseases.org

Provides counseling and education on rare disorders and medication assistance program

National Women's Health Network 202-628-7814 (Health Information Line)

www.nwhn.org

Non-profit health advocacy organization; provides advocacy and information

Native American Cancer Initiatives, Inc 800-537-8295 (toll-free survivors network)

www.natamcancer.org

Provides information, support, and research on cancer within Native American communities

Office of Minority Health Resource Center

www.omhrc.gov

Provides information and education relevant to minority health issues, provides link to Spanish language site

OncoLink

www.oncolink.com

Provides information on cancer and resources

Oncology Nursing Society 866-257-4667 (toll-free)

www.ons.org

National organization for registered nurses and other healthcare professionals dedicated to excellence in healthcare related to oncology; provides information and cancer forums

Patient Advocate Foundation 800-532-5274 (toll-free)

www.patientadvocate.org

Serves as liaison between patient and insurance, employer, and/or creditors

People Living With Cancer

www.plwc.org

Provides information, support, and education for people with cancer, including children and young adults

Planet Cancer 512-481-9010

www.planetcancer.org

Community of young adults with cancer, offers support and "Cancerainment"

R.A. Bloch Cancer Foundation, Inc 800-433-0464 (toll-free)

www.blochcancer.org

Programs for people with cancer and their families: second-opinion boards, free books on fighting cancer, and relaxation tapes

Vital Options International 800-477-7666 (toll-free)

www.vitaloptions.org

Provides information and support; offers radio talk show online and on XM satellite radio

WebMD 201-703-3400

www.webmd.com

Provides health information

The Wellness Community 865-546-4661 (Knoxville office); 800-793-WELL (toll-free)

www.wellnesscommunitytn.org (Knoxville website);

www.thewellnesscommunity.org (National website)

Provides support groups, workshops, educational material, local office located in Knoxville

Bone

Bone Cancer International 805-480-3551

www.bonecancer.to

Provides information and support

Bone Marrow

BoneMarrowTest.com 800-915-3695 (toll-free)

www.bonemarrowtest.com

Provides resources for patients needing stem cell transplants

National Bone Marrow Transplant Link 800-546-5268 (toll-free)

www.nbmtlink.org

Provides information for prospective bone marrow transplant patients

National Marrow Donor Program 800-627-7692 (toll-free)

www.marrows.org

Facilitates unrelated marrow and blood stem cell transplants for patients with life-threatening diseases who do not have matching donors in their families

Brain

American Brain Tumor Association 800-886-2282 (toll-free patient line)

www.abta.org

Provides information and resources about brain tumors

Brain Tumor Foundation 212-265-2401

www.braintumorfoundation.org

Provides information, advocacy, and support

The Brain Tumor Society 800-770-8287 (toll-free)

www.tbts.org

Provides information, support, and resources; support group located in Memphis

National Brain Tumor Foundation 800-934-2873 (toll-free)

www.braintumor.org

Provides resources and information, funds research

North American Brain Tumor Coalition (NABTC) 202-508-4670

www.nabraintumor.org

Provides information and advocacy

Breast

American Breast Cancer Foundation 877-539-2543 (toll-free)

www.abcf.org

Provides education, support, research, and screening assistance programs

BreastCancer.org

www.breastcancer.org

Provides information and support for breast cancer patients

Breast Cancer Education Network 206-352-4066

www.healthtalk.com/breastcancer/

Provides support, information, and broadcasts information and presentations by phone and the Internet

The Breast Cancer Fund 866-760-8223 (toll-free)

www.breastcancerfund.org

Provides research, advocacy, resources, and policy initiatives focusing on detection, treatment, prevention, and access to care

BreastCancer.Net

www.breastcancer.net

Clearinghouse for information on breast cancer; provides database of information, resources, and support groups

Breast Ultrasound Foundation

www.breastultrasound.org

Provides education and advocacy for breast ultrasounds

Conviviendo con el Cancer de Seno

<https://chess.chsra.wisc.edu/espanol/Home/Home.aspx>

Spanish language website providing information for patients with breast cancer

Facing Our Risk of Cancer Empowered (FORCE)

www.facingourrisk.org

For women with increased risk of breast cancer due to family history and genes; offers support and information

Living Beyond Breast Cancer 888-753-5222 (toll-free)

www.lbbc.org

Provides information, support, conferences, quarterly newsletter, and help line

LivingWithIt.org

www.livingwithit.org

Provides support to people with breast or lung cancer

Mautner Project for The National Lesbian Health Organization 202-332-5536

www.mautnerproject.org

Provides education and support to lesbians with cancer and their partners and families

National Breast Cancer Awareness Month

www.nbcam.org

Provides information and advocacy

National Breast Cancer Coalition 800-622-2838 (toll-free)

www.natlbcc.org

Grassroots advocacy group

OBGYN.net Latina

Latina.obgyn.net/espanol

Provides extensive collection of information for Spanish-speaking women with OB-GYN and breast cancer

Sister Study 877-474-7837

www.sisterstudy.org

Information on study being conducted on sisters, one with breast cancer and one without; information on how to join study available online

Susan G. Komen Breast Cancer Foundation 865-692-3666 (Knoxville affiliate); 800-462-9273 (toll-free)

www.komenknoxville.org (Knoxville affiliate); www.komen.org (National)

Dedicated to advancing research, education, screening, and treatment; local affiliate located in Knoxville

SusanLoveMD.org 312-230-1712

www.susanlovemd.org

Provides education, research, advocacy, and advice

Y-ME National Breast Cancer Organization 423-622-4454 (Chattanooga affiliate 8:30 AM-4:30 PM); 800-221-2141 (toll-free English with interpreters in 150 languages 24-hour hotline) 800-986-9505 (toll-free Espanol 24-hour hotline)

www.y-me.org/chattanooga (Chattanooga affiliate) www.y-me.org (National)
Provides help line and peer support; local affiliate located in Chattanooga

Young Survival Coalition 212-206-6610

www.youngsurvival.org

For young women diagnosed with breast cancer; offers information, support, and education

Metastatic Breast Cancer

Breast Cancer Center

www.patientcenters.com/breastcancer

Provides education, information, and resources for patients with metastatic breast cancer

Cervix

National Cervical Cancer Coalition 800-685-5531 (toll-free)

www.nccc-online.org

Provides information and support

Children

Candlelighters Childhood Cancer Foundation 800-366-2223 (toll-free)

www.candlelighters.org

Provides information, support, and advocacy

Childhood Cancer Awareness 800-458-6223 (toll-free)

www.curesearch.org

Provides information

CureSearch: Children's Oncology Group 800-458-6223 (toll-free)

www.curesearch.org

Provides information, advocacy, research, and support for children and adolescents and their family members

Kid Support 847-869-1323

www.kidsupport.org

Provides adult led peer support programs for children with a parent who has breast cancer

KidsCope 404-892-1437

www.kidscope.org

Provides educational material to help children cope with changes when a parent has cancer

Kids Konnected 800-899-2866 (toll-free); 423-778-5119 (Chattanooga location)

www.kidskonnected.org

Provides friendship, education, and support to children who have parents with cancer; local support group located in Chattanooga at Erlanger Health Center

Locks of Love 888-896-1588 (toll-free info)

www.locksoflove.org

Provides hairpieces to children under 18 years of age who have long-term medical hair loss; application can be downloaded from website

Ronald McDonald House Charities 630-623-7048

www.rmhc.org

Provides support, resources, and grants to improve the health and well being of children and their families

Special Spaces 865-659-8531

www.specialspaces.org

Non-profit organization that designs children's rooms for children with life-threatening illnesses; located in Knoxville

Colon

Colon Cancer Alliance 877-422-2030 (toll-free)

www.ccalliance.org

Provides support, education, buddy program

Eye

The Eye Cancer Network 212-832-8170

www.eyecancer.com

Provides education and links to physicians and support for patients and families

Gynecological

Gynecologic Cancer Foundation 800-444-4441 (toll-free)

www.thegcf.org

Ensure public awareness of gynecologic cancer prevention, early diagnosis, and supports research

OBGYN.net Latina

Latina.obgyn.net/espanol

Provides extensive collection of information for Spanish-speaking women with OB-GYN and breast cancer

Women's Cancer Network 312-644-6610

www.wcn.org

Interactive website, provides education and information

Kidney

Kidney Cancer Association 800-850-9132 (toll-free)

www.curekidneycancer.org

Provides information, education

National Kidney Foundation 865-688-5481 (Knoxville office); 800-622-9010 (toll-free national office)

www.kidneyetn.org (Knoxville website); www.kidney.org (National website)

Provides information

Leukemia/Lymphoma

International Myeloma Foundation 800-452-2873 (toll-free); 423-886-1606 (Chattanooga support group)

www.myeloma.org

Provides information, support groups; local support group located in Chattanooga Memorial Cancer Research Center

The Leukemia & Lymphoma Society 800-955-4572 (toll-free)

www.leukemia-lymphoma.org

Provides support groups, education, and financial assistance

Lymphoma Research Foundation 800-500-9976 (toll-free)

www.lymphoma.org

Provides information, support, advocacy, and research

Multiple Myeloma Research Foundation 203-972-1250

www.multiplemyeloma.org

Provides opportunities for clinical trials, education, seminars, newspaper

Liver

American Liver Association 866-756-7668 (toll-free Memphis Chapter); 800-223-0179 (toll-free National)

www.midsouthliverfoundation.org (Memphis Chapter); www.liverfoundation.org

(National)

Provides information and advocacy on liver diseases

LiverTumor.org

www.livertumor.org

Website answering questions, providing education and support

Lung

Alliance for Lung Cancer Advocacy, Support, and Education 800-298-2436 (toll-free)

www.lungcanceralliance.org

Helps improve quality of life for people with lung cancer, offering support, newsletter, and educational information

American Lung Association 800-586-4872 (toll-free)

www.lungusa.org

Dedicated to conquering lung disease, provides information; local chapters in Chattanooga and Nashville

LivingWithIt.org

www.livingwithit.org

Provides support to people with lung or breast cancer

Oral

The Oral Cancer Foundation 949-646-8000

www.oralcancerfoundation.org

Provides education, research, information, support, and newsletter

Support for People with Oral and Head and Neck Cancer 800-377-0928 (toll-free)

www.spohnc.org

Provides information, support, and advocacy

Ovarian

National Ovarian Cancer Coalition 888-682-7486 (toll-free)

www.ovarian.org

Provides information, advocacy, and resources

Ovarian Cancer National Alliance 202-331-1332

www.ovariancancer.org

Works at national level to increase understanding of ovarian cancer, advocates for more research

SHARE: Self Help for Women with Breast or Ovarian Cancer 866-891-2392 (toll-free)

www.sharecancersupport.org

Provides information, support groups, education

Pancreas

National Pancreas Foundation

www.pancreasfoundation.org

Provides information and services to people with pancreatic diseases

Pancreatic Cancer Action Network 877-272-6226 (toll-free)

www.pancan.org

Provides education and advocacy

Prostate

National Prostate Cancer Coalition 888-245-9455 (toll-free)

www.pcacoalition.org

Advocacy organization, grassroots

The Prostate Net Net 888-477-6763

www.prostate-online.org

Provides information for men with prostate cancer

Us Too! International, Inc 800-808-7866 (toll-free)

www.ustoo.org

Provides information, counseling, and educational meetings for men with prostate cancer and their families; local groups in Bristol, Cookeville, Kingsport, and Nashville

Skin

American Academy of Dermatology 866-503-7546 (toll-free)

www.aad.org

Provides information and advocacy

Melanoma.com

www.melanoma.com

Provides information

Skin Cancer Foundation 800-754-6490 (toll-free)

www.skincancer.org

Advocates for prevention, education, community action, research

Teens/Young Adults

Teens Living with Cancer 585-334-0858

www.teenslivingwithcancer.org

Provides information and support to teens with cancer

Re-Mission.net

www.re-mission.net

On-line community for teens and young adults with cancer; provides video game about cancer for young people with cancer

Thyroid

ThyCa: Thyroid Cancer Survivors' Association, Inc 901-301-2377 (Memphis support group); 877-588-7904 (toll-free)

www.thyca.org

Provides information, support, opportunity for clinical trials, newsletter; local support group in Memphis

Thyroid-Cancer.net

www.thyroid-cancer.net

Provides information

Thyroid Cancer Outreach Network

www.thyroid.about.com

Provides information and support

Urological

American Urological Association Foundation 800-828-7866 (toll-free)

www.auafoundation.org

Provides information and support groups

Finances

*If having difficulty paying bills, contact companies and talk with them about current situation and payment options. Some companies may work with you and develop a payment plan or lower payments.

*University of Tennessee Cancer Institute provides small grants with limited funds to assist with bills, prescriptions, and transportation; includes application process.

American Cancer Society 800-ACS-2345 (toll-free)

www.cancer.org

Provides some financial assistance only if difficulty is due to cancer diagnosis; can only provide assistance one time to patient

CancerCare 800-813-4673 (toll-free)

www.cancercare.org

Provides financial assistance for treatment-related expenses; application available online

Consumer Credit Counseling Services 800-251-2227 (toll-free)

Provides credit counseling to help people establish debt repayment programs; call to make face-to-face appointment

HealthWell Foundation 800-675-8416 (toll-free)

www.healthwellfoundation.org

Provides financial assistance for people with certain cancer diagnoses; assists with prescriptions, health insurance premiums, and out-of-pocket healthcare costs; can call or apply online

The Marrow Foundation Patient Assistance Program 888-999-6743 (toll-free)

www.marrow.org

Provides financial assistance for bone marrow transplants; criteria and process can be found on website

McMinn County Area Relief Fund 423-744-3153

www.macrf.org

Provides financial assistance to patients with cancer who live in McMinn, Meigs, Monroe, and Polk Counties; application available online

National Association for the Terminally Ill 888-847-0390 (toll-free)

www.terminallyill.org

Provides financial assistance for individuals who have less than 2 years to live; must have medical questionnaire completed; forms available online

Patient Advocate Foundation 800-532-5274 (toll-free)

www.patientadvocate.org

Serves as liaison between patient and insurance, employer, and/or creditors

Susan G. Komen Breast Cancer Foundation 865-692-3666 (Knoxville affiliate); 800-462-9273 (toll-free)

Provides financial assistance to women with breast cancer. Contact Susan G. Komen Breast Cancer Foundation Knoxville affiliate for contact names and phone numbers.

United Way-Located in various communities; provides financial assistance with bills

www.unitedway.org

Anderson County: 865-483-8431

Blount County: 865-982-2251

Greene County: 423-639-9361

Hamblen County: 423-581-8601

Knox County: 865-523-9131

Monroe County: 423-337-7690

Roane County: 865-882-7711

Sevier County: 865-453-4261

Food/Clothing/Shelter/Utility

*Senior Programs: People who are not in the senior age group may be able to qualify for some senior programs if they have a disability. Contact the programs to check qualifications if interested in specific senior programs.

Aid to Distressed Families of Anderson County 865-483-6028
Assists with utilities, prescriptions, glasses

Angel Food Ministries 888-819-3745 (toll-free)
www.angelfoodministries.com
Provides groceries in a medium-size box for \$25/box; one box can feed family of four for about 1 week; has multiple church host sites across the county; menus and location sites available online or by phone

Backyard Missions 865-689-5175
Located in Fountain City, provides food

Baptist Center at Montgomery Village 865-577-6244
Located in Knox County; provides clothing and food

Baptist Center at Western Heights 865-525-9068
Located in Knox County; food and clothing

Blount County Food Bank 865-983-4206

Campbell County Food/Life Services 423-566-6083

Cancer Fund of America 800-578-5284 (toll-free) or 800-441-1664 (toll-free)
www.cfoa.org
Provides a variety of free products for cancer patients; call or go to website for application

Catholic Social Services 865-524-9896
Emergency food/shelter in Knox County

Center for Energy and Housing Services 865-637-6700
Low-income energy assistance; weatherization programs; minor home repair program

Center of Hope 865-984-1113
www.4-hope.org
Located in Knoxville; provides assistance with food, clothes, and household items

Central Charities Committee of Newport 423-623-7271
Provides emergency assistance with food, utilities, and rent to residents of Cocke County; also assists stranded transient people

Chilhowee Baptist Center 865-981-2992
Located in Blount County; provides emergency food

Cocke County Office on Aging 423-623-1400
Provides emergency food

Cokebury United Methodist Church 865-246-0424
Located in Knox County; provides emergency assistance

Community Action Center
Located in various communities; provides emergency assistance with food, utilities, rent, Ensure products, prescriptions, weatherization, finances, home repair; services may differ between counties
Anderson County: 865-457-5500
Blount County: 865-983-8412
Knoxville-Knox County: 865-546-3500
Mid-East Tennessee: 865-354-0450 (Roane and Loudon Counties)
Southeast Tennessee: 423-949-2191 (Bledsoe, Grundy, McMinn, Meigs, Polk, Rhea, and Sequatchie Counties)
Upper East Tennessee: 423-246-6180 (Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, and Washington Counties)

Community Food Connection 865-977-4400
Located in Maryville

Community Shares Food Bank 865-522-1604
Located in Knoxville

Crazy Quilt Friendship Center 423-784-6022
Located in Jellico; assists with emergency clothing, food, and utilities

Cross, Inc 865-579-6192
Located in Seymour

Cumberland County Good Samaritans 931-484-3225
Builds ramps, assists with emergency needs

Cumberland County Resource Agency 931-456-0691
Meals on wheels, energy assistance, transportation

Douglas Cherokee Economic Authority 423-442-3983
Serves Cocke, Grainger, Hamblen, Jefferson, Monroe, and Sevier counties; assists with finances, food, clothing, housing

East Tennessee Human Resource Agency (ETHRA)

Located in various communities; provides emergency assistance with food, utilities, transportation

Anderson County: 865-457-3357

Blount County: 865-681-1966

Campbell County: 423-526-2948

Claiborne County: 423-626-8187

Knox County: 865-691-2551

Loudon County: 865-986-7331

Monroe County: 423-442-5311

Morgan County: 423-346-6651

Roane County: 865-376-3319

Union County: 865-992-8816

Elk's Lodge Shoe Giveaway 865-588-1879

Provides shoes for elementary school children in Knox County; parents must contact school to get vouchers

Fish of Knoxville 865-523-7900

Provides 3-day emergency supply of food, may be able to deliver if needed

Food Program at the MLB Building 865-546-3500

Located in Knoxville

Friendship Baptist Church 865-691-4084

Located in Knox County; offers clothing and food

Gentle Touch Ministries 423-623-5372

Located in Newport; provides emergency clothing and food to Cocke County residents

Good Samaritan Center 865-986-1777

Located in Loudon County

Goodwill Industries-Located in various communities; provides reduced priced clothing

Alcoa: 865-984-5296

Athens: 423-746-0611

Clinton: 865-457-4798

Dayton: 423-570-0532

Harriman: 865-882-6952

Jefferson City: 865-475-6282

Knoxville: 865-521-9361 (Asheville Hwy)

865-573-3627 (Chapman Hwy)

865-588-8567 (Kingston Pike)

865-922-9114 (Maynardville Hwy)

865-524-0245 (North Broadway)

865-675-6470 (West End Ave)

La Follette: 423-566-7411
Lenoir City: 865-988-8507
Morristown: 423-587-9763
New Tazewell: 423-626-1909
Newport: 423-613-0815
Oak Ridge: 865-481-3227
Oneida: 423-286-8737
Rutledge: 865-828-5663
Sevierville: 865-453-0007

Habitat for Humanity Thrift Shop 865-988-7427

Located in Lenoir City; thrift store with clothing, furniture, and appliances serving residents of Loudon County

Hamblen County Central Services 423-586-9431

Provides emergency food, utilities

Helping Hands Home Assistance 865-692-5258

Available in Anderson, Blount, Knox, Loudon, and Monroe Counties; offers services to the elderly and people with disabilities, enabling them to live independently; offers sitters/companions, financial counseling, skills training

Hispanic Catholic Charities 865-637-4769

Hispanic ministry

Jefferson County Neighborhood Service Center 865-475-4745

Assists with utility bills

Jellico Seventh Day Adventist Community Service 423-784-0670

Provides thrift store, food bank, and emergency utility and rent assistance to Jellico residents

Just Ask 211 211

8 AM-11 PM; Referrals for various services

Knox Area Rescue Mission 865-673-6554

Provides food, shelter

Knox County Public School Clothing Center 865-594-3791

Clothing for school age children; must have clothing card from school

Knox County Office on Aging 865-524-2786

Provides mobile meals, transportation, and other services for seniors

Knoxville's Community Development Corporation 865-403-1100

Provides low income housing

For Section 8 Housing-865-403-1258

Knoxville Utilities Board 865-524-2911

Works with agencies and customers to coordinate assistance on KUB bills;
Project Help

Ladies of Charity 865-524-0538

Emergency assistance for utilities, groceries, rent, clothing, fuel, and medical aid

La Follette Homeless Shelter 423-562-5366

Love Kitchen 865-546-3248

Located in Knoxville; provides food for those who are homeless or homebound

Manna House Community Outreach Center 423-869-9777

Located in Harrogate; provides emergency assistance with food and clothing

Ministerial Association Temporary Shelter (MATS) 423-587-9215

Located in Morristown; provides shelter, food, clothing, counseling

Ministerial Benevolent Fund 423-442-2170

Located in Madisonville; emergency funds and food

Meals on Wheels-Located in various communities; food brought to home

Anderson County: Office on Aging 865-3259

Blount County: Community Action Center 865-983-8412

Campbell County: Senior Citizens of Jellico 423-784-9041

La Follette Senior Citizen's Center 423-562-6672 (8:30AM-
12:30PM)

Claiborne County: Senior Citizens Center 423-869-8080

Cocke County: Newport Housing Authority 423-623-3711

Cumberland County: Human Resource Agency 931-456-0691

Grainger County: Office of the Aging 865-828-5397

Hamblen County: Morristown Senior Citizens Center 423-581-5166

Douglas Cherokee Economic Authority 423-587-4500

Jefferson County: Senior Nutrition Program 865-475-1186

Johnson City: First TN Area Agency on Aging 423-928-0224

Knoxville: Baptist Senior Health Centers 865-281-2961 (Clinton Hwy)

865-522-8922 (N. Broadway)

865-588-8143 (Kingston Pike)

865-675-3454 (Kingston Pike Farragut)

Covenant Senior Health Center 865-531-5571

Mobile Meals 865-524-2786

O'Connor John T. Senior Center 865-523-1135

Office on Aging 865-524-2786 (for seniors)

Senior Citizens Center Educational & Social Service 865-523-1135

St. Mary's Alzheimer's Day Center 865-545-7530
 Westbrook Senior Center 865-558-0555
 Loudon County: Community Action Agency 865-986-7162
 Senior Citizens Center 865-458-5445
 Maynardville: Senior Citizen Center 865-992-3292
 Monroe County: Douglas Cherokee Economic Authority 423-442-5834 (to
 grocery store, doctor)
 Cora Veal Senior Citizens Center (Madisonville) 423-442-2022
 Morgan County: Dial a Ride 423-346-6651
 Roane County: Rockwood Office on Aging 865-354-0450
 Scott County: Nutritional Program 423-569-6729
 Sevier County: Baptist Senior Health Center 865-428-5614
 Senior Nutrition Program 865-453-4906
 Sevier Senior Center 865-453-8080
 Strawberry Plains: Strawberry Plains Senior Citizens Center 865-933-9255
 Union County: Human Resource Agency 865-992-8816
 Senior Citizens Center 865-992-3292

Monroe County Family Resource Center 423-442-6109
 Assist with utilities

Monroe County Food Pantry 423-442-7273

Monroe County Neighborhood Center 423-442-3769
 Provides emergency food

Morgan County Dial a Ride 423-346-6651
 Provides assistance with utilities

Morgan Scott Project 423-965-3131
 Provides emergency assistance to residents of Morgan and Scott Counties

Nearly New-YWCA 865-482-9922
 Located in Oak Ridge; provides clothing at reduced cost

North Knox County Community Chest 865-938-3517
 Non-profit thrift store selling clothes and various items at low cost

Roane County Coop. Ministries 865-376-4779
 Provides emergency food

Salvation Army-Located in various communities; may not be able to assist with utility
 bills if receive government subsidized housing
 Campbell County: 423-566-2214
 Johnson City: 423-926-2101 or 423-928-9426
 Kingsport: 423-246-6671

Knoxville: 865-525-0434 or 865-525-9401
La Follette: 423-562-4341
Oak Ridge: 865-483-4694
Sevierville: 865-908-4010

Scottish Rite Temple 865-524-3459/865-524-3450
Loan closet

Seaton Thrift Shop 865-882-0558
Located in Harriman; provides clothing at reduced cost

Second Harvest Food Bank 865-521-0000

Sevier County Food Ministries 865-428-5182

Sevier County Neighborhood Center 865-453-7131

Sevier County Office on Aging 865-453-8080
Provides services for seniors

Sweetwater Area Ministries 423-337-0210
Emergency assistance with food and utilities; application process

Trinity Outreach Center 931-537-9814
Located in Cookeville; assists with clothing and food; assists only Putnam County residents with utilities, rent, and prescription needs

Union County Heins Creek Baptist 865-992-8124
Provides emergency food

Union County Food Pantry 865-992-4335
Provides emergency food

United Way
www.unitedway.org
Provides some financial assistance, emergency food and shelter; see Finances listing for phone numbers

Volunteer Ministries 865-525-5778
Emergency assistance with food, shelter, health, utilities, and mental health

West Park Baptist Church 865-690-0031
Offers assistance with food/meals
Angelic Ministries 865-523-8884
Provides low-income families with clothes, household items

Health Care

Cherokee Health System-Located in various communities; not-for-profit healthcare agency provides medical, dental, and/or behavioral healthcare on sliding fee scale

Blount County: 865-380-4390

Claiborne County: 423-623-8271

Cocke County: 423-623-5301

Grainger County: Rutledge-865-828-4248

Bean Station-865-993-4300

Blaine-865-933-4110

Washburn-865-497-2591

Hamblen County: 423-586-5032

Jefferson County: 865-471-0312

Knox County: College St.-865-544-0406 (behavioral and primary care)

Dameron Ave.-865-215-5456 (behavioral health only)

Dutch Valley Rd-865-342-1910 (behavioral health only)

E. Emory Rd-865-925-4172 (behavioral health and substance use)

Loudon County: 865-986-8082

Sevier County: 865-573-0698

Union County: 865-992-3849

Dayspring Family Health Center 423-784-8492

Located in Jellico; offers sliding fee scale based on income

Deer Lodge Medical Clinic 423-965-3680

Located in Deer Lodge; sliding fee scale healthcare and dental care-no insurance required

Free Medical Clinic of America 865-577-3733

Located in Knox County, must show proof of employment

Good Samaritan Clinic 865-983-9802

Located in Blount County; sliding fee scale-no insurance required

Good Samaritan Dental Clinic 865-977-4784

Located in Blount County; provides dental care to low-income residents; must meet income guidelines

Health Department-Offers sliding fee scale healthcare; many offer vaccinations to residents; located in various communities:

Anderson County: 865-425-8800

Blount County: 865-983-4582

Campbell County: 423-562-8351

Claiborne County: 423-626-4291

Cocke County: 423-623-8733

Cumberland County: 931-484-6196

Grainger County: 865-828-5247

Hamblen County: 423-586-6431
Jefferson County: 865-397-3930
Knox County: 865-215-5500
Loudon County: 865-458-2514
McMinn County: 423-745-7431
Monroe County: 423-442-3993 or 423-442-5934
Roane County: 865-354-1220
Sevier County: 865-637-6853
Union County: 865-992-3867

Indian Mountain Clinic 423-784-5771

Located in Clairfield; sliding fee scale based on income for Claiborne County residents

Interfaith Health Clinic 865-546-7330

Located in Knox County; sliding fee scale-no insurance required

Laurel Fork Clear Fork Health Center

Located in Clairfield; sliding fee scale based on income for Claiborne County residents

Lions Club-Located in various communities; provides glasses, additional programs available

www.lionsclubs.org

Medic Clinic 865-453-1122

Located in Pigeon Forge

Mt. Hope/Good Shepherd Clinic 865-774-7684

Located in Sevier County; sliding fee scale-no insurance required

Parrotsville Center 423-625-1170

Provides primary care services regardless of ability to pay

People's Clinic/Volunteer Ministries 865-524-3926

Walk-in clinic, medical, dental, and behavioral services

Poison Control 800-288-9999 (toll-free)

Prince Medical Center 865-546-5177

TennCare and sliding fee scale based on income and family size

Project Access 865-531-2766

Provides care to Knox County residents who do not have insurance and are ineligible for any insurance; does have screening process and income guidelines

Regional Education & Community Health Services (REACHS) 423-562-1705
Located in La Follette; provides sliding fee scale for those without insurance

Rockwood Health Clinic 865-354-3034
Located in Roane County

Rural Medical Services, Inc. 865-509-0055
Located in Jefferson and Cocke Counties; provides primary care services to those living in Jefferson and Cocke Counties; also has Migrant Health Program located in Parrottsville

Vision USA 800-766-4466
www.aoa.org
Provides vision care services free of charge to uninsured low-income people and their families; has income guidelines

Washburn Medical Center 865-497-2591
Sliding fee scale-application process and must show proof of income

Women's Wellness & Maternity Center 423-442-6624 or 800-440-3385
Located in Madisonville; sliding fee scale; women's health clinic and freestanding birth center

Insurance

Agency for Healthcare Research and Quality 301-427-1364

www.ahrq.gov

Provides information on healthcare and health insurance plans

Cancer Safety Program 615-253-6101

If receiving treatment or workup by doctor for possible cancer diagnosis when you were disenrolled from TennCare, you may be able to receive TennCare or coverage for cancer treatment. Contact is Clare Sullivan.

Indigent Care Program

Available through some local health departments; may provide care on a sliding scale basis. See Health Department under Health Care for phone numbers.

Medicare 800-489-4633 (Toll-free Customer Call Center)

www.medicare.gov

Health insurance for people 65 years and older; “Part A” covers inpatient hospital stays, limited care in skilled nursing facilities, home health, and hospice; “Part B” covers doctor’s visits, emergency room, lab work, home health, and durable medical equipment; “Part D” covers prescriptions

Social Security 800-772-1213 (toll-free)

<http://socialsecurity.gov>

Provides retirement benefits; must be 65 years or older to receive full benefits; also has disability benefits. Local offices:

Athens: 423-745-7488

Cookeville: 931-528-9765

Greeneville: 423-639-9506

Knoxville: 865-692-0196

Lafollette: 423-566-4007

Maryville: 865-982-3714

Morristown: 423-581-0258

Oak Ridge: 865-482-6908

TennCare/Medicaid

Health insurance for low-income residents. Requires contacting local Department of Human Services (DHS) office. Applications available online:

<http://www.tennessee.gov/humanserv/hs-0169.pdf>

Local DHS offices:

Anderson: 865-457-3660

Blount: 865-981-2350

Campbell: 423-566-9639

Claiborne: 423-626-7285

Cocke: 423-623-1291

Grainger: 865-828-5251

Hamblen: 423-585-1444

Jefferson: 865-397-9401
Knox: 865-594-6151
Loudon: 865-986-4749
McMinn: 423-744-2800
Monroe: 423-442-7403
Morgan: 423-346-6237
Roane: 865-376-3491
Scott: 423-663-2821
Sevier: 865-429-7005
Union: 865-992-5802

Important (toll-free) TennCare phone numbers:

Info Line 800-669-1851
Advocacy Line 800-722-7474
Health Options Hotline 888-486-9355-for TennCare disenrollees only; provides
healthcare resources by county
Solutions Unit 800-878-3192

Tennessee State Health Insurance Assistance Program 877-801-0044

Assists people with Medicare with health insurance choices and problems

Legal

Cancer Legal Resource Center 213-736-1455

www.disabilityrightslegalcenter.org

Provides counseling and information on insurance, healthcare, employment, and other rights to cancer patients and families

Community Mediation Center 865-594-1879

Located in Knoxville; conflict resolution to members in community

Lawyer Referral & Information Service 865-522-7501

Knoxville Bar Association free public service; assists with finding resources for legal problems

Legal Aid Society of East Tennessee 865-981-1818

Provides legal representation for indigent clients in East Tennessee; offices located around East Tennessee; financial-eligibility requirements

Chattanooga: 800-572-7457 (toll-free) or 423-756-4013 or 423-265-4164

Cleveland: 800-445-3219 (toll-free) or 423-479-8577 or 423-339-3282

Johnson City: 800-821-1312 (toll-free) or 423-928-8311

Knoxville: 865-637-0484 or 865-525-1152

Maryville: 865-981-1818 or 865-981-1816

Morristown: 800-821-1309 (toll-free) or 423-587-4850

Legal Aid Society of Middle Tennessee and the Cumberland-Oak Ridge 865-483-8454 or 800-483-8457 (toll-free hotline) or 866-481-3669 (toll-free tax hotline)

Provides legal representation for indigent clients in Anderson, Campbell, Claiborne, Morgan, Roane, Scott, and Union Counties; financial-eligibility requirements; does not handle criminal matters unless court-appointed

Pro Bono Project 865-525-3425

Operated by Legal Aid with bar associations in Knox, Blount, Loudon, and Sevier counties; cases unable to be handled by Legal Aid may be taken by volunteers with the Pro Bono Project; same financial-eligibility requirements as Legal Aid

Rural Legal Services of Tennessee 423-483-8454

Provides legal representation for indigent clients in the 19 counties in the Appalachian coalfields of the Cumberland Plateau; located in Oak Ridge

Prescriptions

Abbott Diabetic Program 866-224-8887

Can provide free diabetic supplies if meet income guidelines and have been denied by Medicaid

Affordable Medicine Options for Seniors (AMOS) 865-524-2786

Provides information and advice to people 60 years and older; schedule appointments

Anderson County Community Action Center 865-457-5500

Assists with prescriptions

Co-Pay Relief 866-512-3861 (toll-free)

www.copays.org

Sponsored by Patient Advocate Foundation; provides assistance with prescriptions for insured patients who have been diagnosed with Autoimmune Disorders, Diabetes, Lymphoma, Sarcoma, Macular Degeneration, Breast, Colon, Lung, Kidney, and Prostate Cancers; complete application by phone; patients should call first of month

Health Options 888-486-9355 (toll-free)

www.tnhealthoptions.org

Offers prescription options for TennCare disenrollees, as well as others who are uninsured

Linking ARMS 800-813-4673 (toll-free)

www.cancercare.org

Helps breast cancer patients with cost of some medications and supplies; provided by Susan G. Komen Breast Cancer Foundation and CancerCare; can only assist a patient once a year; applications available online

National Organization for Rare Disorders, Inc 800-999-6673 (toll-free voice mail only), 203-744-0100

www.rarediseases.org

Provides medication assistance program for specific conditions or situations

New Eyes for the Needy 973-376-4903

www.neweyesforheneedy.org

Provides vouchers to assist with getting glasses for low-income individuals who do not have any other ways of getting glasses

Partnership for Prescription Assistance 888-477-2669 (toll-free)

P.H.D. 1-800-862-1456 (toll-free)

Helps patients choose right Medicare D for them; works with all ages to get free or reduced medications; provides mail-order prescriptions

PhRMA 888-477-2669

www.phrma.org/patients

Lists pharmaceutical company programs that provide drugs to doctors whose patients would not be able to afford them

Roche Pharmaceuticals 888-587-9438 (toll-free)

Patient Assistance Program for Roche medications; will need financial documentation, completed application, and prescription; staff/MD office to call phone number

RX Outreach 800-769-3880 (toll-free)

www.rxoutreach.com

Offers Patient Assistance Program for medications; application available online

www.helpingpatients.org

Website that offers information on programs that can assist with cost of prescription medications

www.needymeds.com

Website that offers information on programs that can assist with cost of prescription medications

www.patientaccessnetwork.org 866-316-7263 (toll-free)

Website that assists insured patients with cost of treatment

www.rxassist.org

Website that provides database of drug companies patient assistance programs

www.rxhope.com

Website that assists patients with prescription medications

Support Groups, Advocacy

*Senior Programs: People who are not in the senior age group may be able to qualify for some senior programs if they have a disability. Contact the programs to check qualifications if interested in specific senior programs.

Arthritis Foundation-Smokey Mountain Branch 865-470-7909
Support group for cancer patients who have arthritis

Breast Cancer Support Group 931-646-2026
Offered at Cookeville Regional Medical Center Education Room #3 on last Tuesday of every month

Cancer Patients and Survivors Support Group and Family and Friends Support Group
Offered at Blount Memorial Cancer Center Conference Room every Tuesday

Cedar Springs Presbyterian Church 865-291-5232
Located in Knox County; provides support group to those who have lost a loved one, people who have cancer

Cokebury United Methodist Church 865-694-9039
Located in Knox County; provides support group to those who have lost a loved one. Meets 2nd Monday of every month.

Circle of Hope 931-646-2026
Offered at Cookeville Regional Medical Center Education Room #3 on first Wednesday of every month; support group for patients and family members of any type of cancer

Disability Resource Center 865-637-3666

Family Bereavement Group 865-546-4661
Support group for family member or friend who has lost a loved one to cancer; offered at the Wellness Community in Knoxville

First United Methodist Church 865-483-4357
Located in Oak Ridge; provides support group for those who have lost a loved one; call to register to attend

Hope's Embrace Cancer Support Group 865-966-1190
Located in Knox County; provides support group to patients who have cancer and cancer survivors and caregivers

Hope for Today 865-984-0388
www.hopefortoday.us
Cancer support group in Blount County. Meets 1st Monday of every month except holidays.

I Can Cope 865-544-6154 (Teri Green); 800-227-2345 (toll-free ACS)

Educational series sponsored by the American Cancer Society. Offered at University of Tennessee Cancer Institute throughout the year. Contact ACS for locations and dates in other communities.

Kids in Crisis Support (KICS) 865-544-5038

Provides grief support and counseling for children; offers Mane Support program (equine assisted grief counseling)

Knoxville Jewish Alliance 865-690-6343

Provides support group for those who have lost a loved one, caregivers of a family member with cancer

Look Good, Feel Better 865-544-6792 (Teri Green); 800-227-2345 (toll-free ACS)

Program through the American Cancer Society that teaches patients how to deal with the appearance-related side effects of cancer treatments. Offered on 4th Monday of the month at University of Tennessee Cancer Institute. Contact ACS for locations and dates in other communities.

Man to Man 865-544-6154 (Teri Green); 800-227-2345 (toll-free ACS)

Prostate support group sponsored by the American Cancer Society. Offered at University of Tennessee Cancer Institute 1st Thursday of every month. Contact ACS for locations and dates in other communities.

Reach to Recovery 800-ACS-2345 (toll-free)

Peer support program for people with breast cancer. Volunteers are survivors of breast cancer; can meet face to face or speak by phone.

Wellness Community 865-546-4661

Provides various groups; to join a weekly group, must attend a Welcome to Wellness meeting and interview

Welcome to Wellness: Mondays 5:30 PM-6:30 PM, Thursdays 11:00 AM-12:00 PM

West Park Baptist Church 865-690-0031

Located in Knox County; provides support group to those who have lost a loved one; also provides support by phone or personal visits to people with cancer

Blind/Visually Impaired Services

Low Vision Center 522-2449

Provides services for people with low vision

Office on Aging 524-2786

Provides a support group; transportation available

Tennessee Department of Human Services 594-6060

Provides rehab teaching program through the state and a home eval to determine needs; waiting list up to 60 days

Smoking Cessation Services

Classes offered in various communities; call 865-215-QUIT for list of programs available in the community, including those surrounding Knox County

Knoxville Pulmonary Group Cessation Program 865-524-7471

Provides assistance with quitting smoking/tobacco use

Quit for Life 931-528-5176 (Randy Todd)

Smoking Cessation group; meets Sundays and Thursdays at Cookeville Regional Medical Center Cafeteria Conference Room

Smokefree.gov 800-784-8669

Provides information, referrals, and support to help quit smoking

Transportation

American Cancer Society 800-227-2345 (toll-free)

May be able to provide transportation in some counties

CAC 865-524-0319

TennCare appointments or for those who do not have access to KAT Bus; application process and income guidelines for those without TennCare

CSA TennCare Transportation 865-594-5627 (Knox County); 800-671-4018 (toll-free)

Cumberland County Human Resource Agency 931-456-0691

East Tennessee Human Resource Agency (Ethra) 800-232-1565 (toll-free)

Charges a fee, including crossing county lines; for Knox County residents, only serves Knox County, not Knoxville City-contact CAC or use KAT bus

First Tennessee Human Resource Agency (FTHRA or Net-trans) 423-461-8288

Serves Carter, Green, Hawkins, Johnson, Sullivan, Unicoi, and Washington Counties; may charge a fee

KAT K-trans City Bus 865-637-3000

KAT Lift 865-215-7850

Available for those who require door-to-door transportation due to medical disability; requires application

Oak Ridge Taxi Coupon Program 865-425-3999

Oak Ridge residents; provides reduced taxi fare coupons for the elderly

Oak Ridge Transit 865-482-2785

www.oakridgepublictransit.org

Provides fares one-way or round trip; may charge a fee

Air Transportation

Angel Flight America 800-446-1231

www.angelflightamerica.org

Provides free air travel to hospitals; certain criteria apply; must call to request flight

Corporate Angel Network 866-328-1313 (toll-free)

www.corpangelnetwork.org

Arranges free travel on corporate jets for cancer patients and bone marrow donors and recipients; certain criteria apply; call or email company

National Patient Travel Center 800-296-1217 (toll-free)

www.patienttravel.org

Provides referral to free or discounted medical air transport based on need and patient's condition; can apply online or by phone

Veterans

VA Benefits Information 800-342-8330 (toll-free)

Local Veterans Benefits Office:

Chattanooga: 423-634-6488

Cookeville: 931-526-6929

Knoxville: 865-594-6158

Morristown: 423-587-7032

Mountain Home: 423-926-1171 ext 7202

VA Johnson City 423-926-1171

VA Murfreesboro 615-893-1360

VA Monroe County 423-442-5812

VA Outpatient Clinics:

Chattanooga: 423-855-6550

Cookeville: 931-528-2531

Knoxville: 865-545-4592

Mountain City: 423-727-5900