

# Educational Resources



## Helpline

Our Parkinson's disease (PD) information specialists provide up-to-date information about Parkinson's, emotional support and referrals to health professionals and community resources.

**Call 1-800-4PD-INFO (473-4636)  
or email [Helpline@Parkinson.org](mailto:Helpline@Parkinson.org)**

## Publications

Our well-respected educational book series focuses on critical PD issues. Order a free copy of any publication, ranging from introductory information to in-depth material on important topics or read them online.

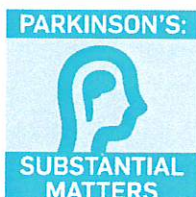
**Visit [Parkinson.org/Store](http://Parkinson.org/Store).**



## Podcast

Hear directly from Parkinson's experts in our podcast series, *Substantial Matters: Life and Science of Parkinson's*. Learn about the treatments and techniques that can help you live a better life now, as well as the research that can bring a better tomorrow.

**Visit [Parkinson.org/Podcast](http://Parkinson.org/Podcast)**



## Expert Briefings

Participate live or watch an archived *Expert Briefing* webinar to learn more about Parkinson's symptoms, progression, treatments and management.

**Visit [Parkinson.org/EB](http://Parkinson.org/EB)**

## Online Education

Parkinson.org is the go-to source for Parkinson's information. Articles, videos, fact sheets and more will help you understand the disease, find resources, connect with providers and get involved with the Parkinson's community.

**Visit [Parkinson.org](http://Parkinson.org)**

## Aware in Care Kit

This kit has tools and information to help a person with Parkinson's get the best possible care in the hospital, whether it's a planned or emergency visit.

**Visit [Parkinson.org/AwareinCare](http://Parkinson.org/AwareinCare)**



## Newly Diagnosed Kit

These understandable and actionable resources have the right level of detail for someone newly diagnosed and their care partner to navigate the diagnosis and connect with the Foundation.

**Visit [Parkinson.org/NewlyDiagnosed](http://Parkinson.org/NewlyDiagnosed)**

Explore these resources at [Parkinson.org/Library](http://Parkinson.org/Library) or call  
**1-800-4PD-INFO (473-4636).**