**Parkinson’s Disease Support Groups**

**East Tennessee**

**Anderson County (Oak Ridge)**

PK Hope is Alive

3rd Tuesday monthly, 11:30 am

Central Baptist Church, Fellowship Hall

130 Providence Road Oak Ridge, TN

Contact: Pat Frye (865) 228-4488

Email: annapatfrye46@gmail.com

**Blount County (Maryville)**

4th Thursday monthly, 11:00 am

Shannondale Community Building

4507 New Providence Road Maryville, TN

Contact: PJ Parkinson’s Support (865) 621-7666

Email: info@PJParkinsons.org

**Carter County (Hampton)**

4th Tuesday monthly, 6:00 pm

Young Onset Parkies Rule

Union Baptist Church

1411 US 321 Hampton, TN

Contact: Christi Rose-Deloach (423) 213-8463

Email: deloachchristi@gmail.com

Contact: Tristin Johnson (706) 255-2556

Email: tristinjohnson83@gmail.com

**Hamilton County (Chattanooga)**

3rd Thursday monthly, 5:30 pm

Siskin Hospital, UTC Classroom

Contact: Will Hutchinson (423) 634-1578

Email: whutchinson@siskinrehab.org

**Knox County (Farragut)**

1st Wednesday monthly, 12:00 pm

Avenir Memory Care

901 Concord Road Knoxville, TN

Contact: PJ Parkinson’s Support (865) 621-7666

Email: info@PJParkinsons.org

**Knox County (North Knoxville)**

2nd Thursday monthly, 4:00 PM

Parkview Senior Living Community

975 E. Emory Road, Knoxville, TN

Contact: PJ Parkinson’s Support (865) 621-7666

Email: info@PJParkinsons.org

**Knox County (West Knoxville)**

2nd Tuesday monthly, 12:00 pm

Parkview Senior Living Community

770 Broome Road Knoxville, TN

Contact: PJ Parkinson’s Support (865) 621-7666

Email: info@PJParkinsons.org

**Knox County (Knoxville Various)**

**Young Onset Dinner Group**

Day & Time change monthly. Call for more info.

Contact: PJ Parkinson’s Support (865) 621-7666

Email: info@PJParkinsons.org

**Loudon County (Tellico Village)**

1st Thursday monthly, 1:00 pm

Tellico Village Community Church

130 Chota Center Loudon, TN

Contact: PJ Parkinson’s Support (865) 621-7666

Email: info@PJParkinsons.org

**Roane County (Kingston)**

3rd Wednesday monthly, 12:00 pm (lunch)

Bethel Presbyterian Church

203 S Kentucky Street Kingston, TN

Contact: Sandra Newsom (865) 679-8872

Email: sandranewsom412@gmail.com

**Sevier County (Sevierville)**

1st Monday monthly, 1:00 pm

My People Senior Activity Center

1220 West Main Street, Sevierville, TN

Contact: PJ Parkinson’s Support (865) 621-7666

Email: info@PJParkinsons.org

**Sullivan County (Bristol)**

3rd Thursday monthly, 1:00 pm

Contact: Denise Bourne 423-764-4021

Slater Community Center

Email: bristol.parkinsons@gmail.com

**Sullivan County (Kingsport)**

1st Friday monthly, 10:00 am

Family YMCA

1840 Meadowview Kingsport, TN

Contact: John Twork (423) 288-4051

Email: tworkjv4.8@gmail.com

**Washington County (Johnson City)**

4th Saturday monthly, 10:00 am

Health Resources Center/Johnson City Mall

2011 North Roan Street Johnson City, TN

Contact: Sandra Honeycutt (423) 491-9397

Email: sandracares.bowman@gmail.com

**Washington County (Johnson City)**

3rd Thursday monthly, 12:30 - 1:30 pm

Johnson City Senior Center

510 Bert St, Johnson City, TN

Contact: Anne Whittemore (423) 773-8002

**Middle Tennessee**

**Cookeville, TN (Putnam County)**

1st Tuesday monthly, 10:00 am

Carney Fork Baptist Church

2404 Highway 70 E. Cookeville, TN

Contact: Monika Bowman (931) 529-4111/Dennis Parker (931) 510-7377

Email: msbowman@charter.net / dennisparker791@gmail.com

**Online**

**Peterson For Parkinson’s Women’s Group**

Via Zoom, 3rd Thursday monthly

Contact: Debbie Lowenthal (615) 269-5312

Email: brent@petersonforparkinsons.org

**Vanderbilt Person with Parkinson’s Group**

Via Zoom, every 2 weeks on Fridays

Contact: Kelly Arney (615) 936-5517

Email: Kelly.b.arney@vumc.org

**Women Only**

Via Zoom, every Wednesday and Thursday, 7:00pm

Contact: Randi Parker

Email: r\_parker57@live.com

**Caregiver Support Options (in-person/online)**

**Cole Center Caregiver Community**

3rd Friday, monthly, 10:00am

Faith Lutheran Church Library

225 Jamestowne Blvd, Farragut, TN

Contact: Laura M. Clabo, LAPSW

Email: lmclabo@utmck.edu

**Cole Center Advanced Disease Caregiver Community**

3rd Wednesday, monthly, 3:00-4:00pm

Via Zoom, must register to receive link

Contact: Laura M. Clabo, LAPSW

Email: lmclabo@utmck.edu

**Caregiver Support Group – all diagnoses**

3rd Thursday monthly, 4:00pm

Sacred Ground Hospice House

1120 Dry Gap Pike, Knoxville, TN

Contact: Gavin Kane, LMSW or Phil Groos, MDiv

both with UT Hospice (865) 544-6222

**Caregiver Café – all chronic and terminal illnesses**

2nd and 4th Thursdays monthly, 9:00am

First Baptist Church of Maryville

202 West Lamar Alexander Pkwy, Maryville, TN

Contact: Lori Bishop (865) 371-0283

Email: lbishop@corebi.net

**Vanderbilt Caregiver Only Group**

Via Zoom, 2nd and 4th Wednesdays, 11:00 am

Contact: Kelly Arney (615) 936-5517

Email: Kelly.b.arney@vumc.org

**Parketts Caregiver Support Group**

Via Zoom, 2nd and 4th Thursday. 7:00 pm

Contact: Pat Frye (865) 228-4488

Email: annapatfrye46@gmail.com