

Parkinson's Disease Support Groups

East Tennessee

Anderson County (Oak Ridge)

PK Hope is Alive
3rd Tuesday monthly, 11:30 am
Central Baptist Church, Fellowship Hall
130 Providence Road Oak Ridge, TN
Contact: Pat Frye (865) 228-4488
Email: annapatfrye46@gmail.com

Blount County (Maryville)

4th Thursday monthly, 11:00 am
Shannondale Community Building
4507 New Providence Road Maryville, TN
Contact: PJ Parkinson's Support (865) 621-7666
Email: info@PJParkinsons.org

Carter County (Hampton)

4th Tuesday monthly, 6:00 pm
Young Onset Parkies Rule
Union Baptist Church
1411 US 321 Hampton, TN
Contact: Christi Rose-DeLoach (423) 213-8463
Email: deloachchristi@gmail.com
Contact: Tristin Johnson (706) 255-2556
Email: tristinjohnson83@gmail.com

Hamilton County (Chattanooga)

3rd Thursday monthly, 5:30 pm
Siskin Hospital, UTC Classroom
Contact: Will Hutchinson (423) 634-1578
Email: whutchinson@siskinrehab.org

Knox County (Farragut)

1st Wednesday monthly, 12:00 pm
Avenir Memory Care
901 Concord Road Knoxville, TN
Contact: PJ Parkinson's Support (865) 621-7666
Email: info@PJParkinsons.org

Knox County (North Knoxville)

2nd Thursday monthly, 4:00 PM
Parkview Senior Living Community
975 E. Emory Road, Knoxville, TN
Contact: PJ Parkinson's Support (865) 621-7666
Email: info@PJParkinsons.org

Knox County (West Knoxville)

2nd Tuesday monthly, 12:00 pm
Parkview Senior Living Community
770 Broome Road Knoxville, TN
Contact: PJ Parkinson's Support (865) 621-7666
Email: info@PJParkinsons.org

Knox County (Knoxville Various)

Young Onset Dinner Group
Day & Time change monthly. Call for more info.
Contact: PJ Parkinson's Support (865) 621-7666
Email: info@PJParkinsons.org

Loudon County (Tellico Village)

1st Thursday monthly, 1:00 pm
Tellico Village Community Church
130 Chota Center Loudon, TN
Contact: Marian Smith (865) 408-1390
Email: marianandpaul@aol.com

Roane County (Kingston)

3rd Wednesday monthly, 12:00 pm (lunch)
Bethel Presbyterian Church
203 S Kentucky Street Kingston, TN
Contact: Sandra Newsom (865) 679-8872
Email: sandranewsom412@gmail.com

Sevier County (Sevierville)

1st Monday monthly, 1:00 pm
My People Senior Activity Center
1220 West Main Street, Sevierville, TN
Contact: PJ Parkinson's Support (865) 621-7666
Email: info@PJParkinsons.org

Sullivan County (Bristol)

3rd Thursday monthly, 1:00 pm
Contact: Denise Bourne 423-764-4021
Slater Community Center
Email: bristol.parkinsons@gmail.com

Sullivan County (Kingsport)

1st Friday monthly, 10:00 am
Family YMCA
1840 Meadowview Kingsport, TN
Contact: John Twork (423) 288-4051
Email: tworkjv4.8@gmail.com

Washington County (Johnson City)

4th Saturday monthly, 10:00 am
Health Resources Center/Johnson City Mall
2011 North Roan Street Johnson City, TN
Contact: Sandra Honeycutt (423) 491-9397
Email: sandracares.bowman@gmail.com

Washington County (Johnson City)

3rd Thursday monthly, 12:30 - 1:30 pm
Johnson City Senior Center
510 Bert St, Johnson City, TN
Contact: Anne Whittemore (423) 773-8002

Middle Tennessee

Cookeville, TN (Putnam County)

1st Tuesday monthly, 10:00 am

Carney Fork Baptist Church

2404 Highway 70 E. Cookeville, TN

Contact: Monika Bowman (931) 529-4111/Dennis Parker (931) 510-7377

Email: msbowman@charter.net / dennisparker791@gmail.com

Online

Peterson For Parkinson's Women's Group

Via Zoom, 3rd Thursday monthly

Contact: Debbie Lowenthal (615) 269-5312

Email: brent@petersonforparkinsons.org

Women Only

Via Zoom, every Wednesday and Thursday, 7:00pm

Contact: Randi Parker

Email: r_parker57@live.com

Vanderbilt Person with Parkinson's Group

Via Zoom, every 2 weeks on Fridays

Contact: Kelly Arney (615) 936-5517

Email: Kelly.b.arney@vumc.org

Caregiver Support Options (in-person/online)

Cole Center Caregiver Community

3rd Friday, monthly, 10:00am

Faith Lutheran Church Library

225 Jamestowne Blvd, Farragut, TN

Contact: Laura M. Clabo, LPSW

Email: lmclabo@utmck.edu

Caregiver Café – all chronic and terminal illnesses

2nd and 4th Thursdays monthly, 9:00am

First Baptist Church of Maryville

202 West Lamar Alexander Pkwy, Maryville, TN

Contact: Lori Bishop (865) 371-0283

Email: lbishop@corebi.net

Caregiver Support Group – all diagnoses

3rd Thursday monthly, 4:00pm

Sacred Ground Hospice House

1120 Dry Gap Pike, Knoxville, TN

Contact: Gavin Kane, LMSW or Phil Groos, MDiv

both with UT Hospice (865) 544-6222

Vanderbilt Caregiver Only Group

Via Zoom, 2nd and 4th Wednesdays, 11:00 am

Contact: Kelly Arney (615) 936-5517

Email: Kelly.b.arney@vumc.org

Parkeets Caregiver Support Group

Via Zoom, 2nd and 4th Thursday. 7:00 pm

Contact: Pat Frye (865) 228-4488

Email: annapatfrye46@gmail.com

Updated: 8/2024

For changes, please contact UT Brain and Spine Outreach Coordinator, Paige Huggler, at phuggler@utmck.edu